FOR PARENTS/CARERS OF CHILDREN NOT IN CLOSE CONTACT

Dear Parent/ Carer,

We have been advised that there has been a confirmed case of COVID-19 within the school. This letter is to inform you of the current situation and provide advice on how to support your child.

Following public health advice and in line with national guidance, we have carried out a full risk assessment and identified all those who have been in close contact with the affected case. They have been told to stay at home and self-isolate until 10 days after their last contact with the person infected.

Your child has <u>not</u> been identified as a close contact and therefore does not need to make any change to their usual routine, including school attendance.

The most common symptoms of COVID-19 are:

- · a new continuous cough and/or
- a high temperature and/or
- a loss of, or change in, normal sense of taste or smell (anosmia).

If your child, or anyone in your household, develops any of these symptoms, they and everyone in your household must remain at home. They must not go to work, school or public areas, even for exercise. You should arrange for your child who has developed symptoms to have a test for COVID-19 as soon as possible.

To book a test either call 119 or go to the NHS website at www.nhs.uk/ask-for-a-coronavirus-test

When the result is known further advice will be given.

How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19:

Remember; 'Hands, Face, Space':

- Wash your hands with soap and water often do this for at least 20 seconds or use hand sanitiser gel if soap and water are not available.
- Wash your hands as soon as you get home.
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze.
- Put used tissues in the bin immediately and wash your hands afterwards.
- Try to stay at least 2 metres from anyone you don't live with at all times.
- Use a face covering when social distancing is not possible.

You and the adults and secondary age children in your household, are encouraged to take part in twice weekly Lateral Flow Device (LFD) testing for COVID-19 to help identify those who do not have symptoms of the virus. LFD testing is an important control measure in helping to protect yourself and others from contracting or transmitting the virus. You can obtain free LFT test kits by ringing 119 or online at https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests

Further information

Further information is available at www.nhs.uk/coronavirus

Headteacher